

## Patient Participation News....

Basildon and Brentwood Clinical Commissioning Group Annual Patient Event - Tuesday 9th October 2018 from 9.30am to 2.30pm with lunch provided at the Towngate Theatre, St Martin's Square, Basildon SS14 2DL.

This will be an opportunity for patients to get updates on local NHS services and to join in with discussion groups to give feedback. Places are limited so if you wish to go along please confirm your planned attendance with details of any mobility dietary or special requirements ASAP to [pat.cook4@nhs.net](mailto:pat.cook4@nhs.net)

### Patient Participation Awareness Week 4 to 9th June 2018

Our Patient Participation Group (PPG) members were out in force staffing the information table in the Practice Waiting Room in early June and advertising to patients what we volunteer for/celebrating this week of Awareness on NHS patient involvement .

### Self - Care Week 12 to 18 November 2018

Our Clinical Commissioning Group (CCG) is working with Patient Groups and GP Practices to promote the "self-care" message in this week. Look out for our PPG volunteers in the Practice Waiting room with plenty of NHS leaflets and information.



**PPG Newsletter supported and printed by Bennetts Funeral Directors**

## Billericay Medical Practice

### Patient Participation Group Newsletter

Edition 30 September 2018

### NHS 70th Anniversary Celebrations



This has been an important and well celebrated milestone for our National Health Service, 70 years since it's establishment in 1948 in the post World War 2 years of a social change leading Labour Government. Some of you may well re-call the way health care was before, sometimes a lottery of having GPs and Doctors with social consciences concerning those who might be avoided healthcare due to poverty, and, and inability to meet medical care charges, or delay treatment until it would be too late for a good outcome. The formation of the NHS was a huge positive change. Locally on July 5th this year our NHS Clinical Commissioning Group held a celebration event of 70 years of the NHS at St Luke's Hospice Gardens and invited along many Patient Group members. Our Chair Marion Wilson was asked to cut the Birthday Cake. A concluding speech by one of the NHS Doctors from the CCG Board of Directors was moving and direct in the expression of commitment to the best health service perhaps worldwide, and quoted the passionate concerns for it's future by Aneurin Bevan the Health Minister at the time.

## **Practice Report for the Patient Participation Group, September 2018 - Report from Peter Tyrrell (Practice Manager)**

### Staffing

Dr Fernie is unfortunately now on long-term sick leave and may not return as a GP at the Practice by her scheduled leaving date at the end of October 2018.

A new Receptionist, Sam, has started work at the Practice at the beginning of September, he replaced Jacqui who left at the end of August. There will soon be another new face at Reception after one of our staff had to unfortunately leave due to family reasons.

### General Data Protection Regulations (GDPR) and Prescriptions

We currently ask for the patient's name and address when they or their representative collect a prescription from the Practice Reception. In future, for an additional level of security, the patient's date of birth will also be requested. The prescription will not be released without this date. Patients will also be encouraged to have their prescriptions sent electronically direct to their nominated chemist to save them having to come into the surgery.

### Flu Season

The Practice is now taking bookings for Flu vaccinations. The Practice has also for the first time sent out SMS text messages reminders about this to patients who have consented to receive text messages from the Practice.

### Home Visit Service

BB Healthcare Solutions, the local healthcare service that provided an extra out of hours GP service, has now been commissioned by our Clinical Commissioning Group (CCG) to run a pilot scheme whereby they provide a Home Visit service to patients. This means that patients who request a home visit will be visited by a clinician employed by BB Healthcare Solutions anytime up to 6pm in the evening.

## **Patient Participation Group Talk and Presentation**

Thursday 11 October 2018 7pm

at Billericay Medical Practice, Stock Road Billericay

Tina Bannister Church from the St Luke's Hospice will deliver a Talk on the **St Luke's Hospice One Response, Support, Assessment and Advice Service**. To book your place at this Talk please telephone the PPG on 01277 651968, or complete one of the booking slips in the Waiting Room.

**Report** on our previous PPG Talk by Loretta Sollars from Public Health England which took place on June 19th 2018 on the subject of "How to help your family to be healthy and happy"



This proved to be an informative and highly relevant talk aimed at all ages, but clearly getting a good start to life and being able to be healthy and fit enough to enjoy your retirement are crucial to a healthy and happy life. The speaker from Public Health England, the government agency which aims to protect and improve the nation's health, touched on many topics: diet, exercise, sugary foods to minimise, mental health, smoking, substance misuse. Key messages included the appropriate amount of exercise to take and the risks to your health of a sedentary lifestyle.